

WHAT TO DO WHEN YOUR KIDS DRIVE YOU CRAZY



YOURSELF

TAKE CARE OF

**✓ GET CONTROL OF
YOURSELF**

✓ USE ACTION, NOT WORDS

✓ SPEAK SOFTLY

**✓ ASK FOR THE BEHAVIOR
YOU WANT**

✓ GET ON THEIR EYE LEVEL

✓ BE FIRM AND KIND

✓ DETACH WITH LOVE



From the course ©REDIRECTING CHILDREN'S BEHAVIOR
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